



PHILADELPHIA CORPORATION FOR AGING



Person-Centered Counseling at PCA

Person-Centered Counseling is a free service that connects individuals to public benefits and private resources. Participants have access to knowledgeable, compassionate counselors who will guide them through the process to identify appropriate long-term supports and services based on their needs, preferences, and individual circumstances. The counselors will also follow up with participants to make sure everything goes well.

The Person-Centered Counseling process includes the following steps:

- A personal interview designed to discover the needs, values, and preferences of the individual.
- A comprehensive review of resources and long-term services and support options is provided.
- An action plan is developed.
- Assistance is provided to navigate and apply for the vast array of long-term services and support options available.

Eligible participants for Person-Centered Counseling at PCA are required to:

- Be age 60 or older or an adult age 18-59 living with a disability.
- Live in Philadelphia County.
- Have at least two long-term care needs.



The Pennsylvania Link to Aging and Disability Resources (PA Link) is part of a nationwide effort to improve access to long-term services and supports for older adults, individuals with disabilities and veterans, regardless of income, through an integrated network of collaborating partner agencies. PA Link and PCA are partnering together to promote person-centered decision making and to enhance the quality of services in Philadelphia County.

What services does the PA Link and PCA collaboration provide?

- Adaptive equipment and assistive technology.
- Caregiver support.
- Dementia care services.
- Health, nutrition, and home-delivered meal programs.
- Housekeeping and chore services.
- Housing options.
- Information and referral.
- In-home personal care and nursing.
- Long-term care programs.
- Medicaid, Medicare, and Social Security.
- Safety updates to the home.
- Transportation.
- Wellness programs.
- Other services.

Need more information?

Contact the statewide PA Link Helpline at 1-800-753-8827 or call the PCA Helpline at 215-765-9040 to schedule an appointment.