

Philadelphia Corporation for Aging's Senior Strut A Health Event in the Park



Presented by



pa health
& wellness™

Friday, October 14 • 9:30 a.m. to 12 noon
Lloyd Hall, 1 Boathouse Row, Kelly Drive

One mile kick-off walk led by James Day & the Fish Fry Band • Health screenings
Free t-shirts • Always Best Care health stage • Healthy snacks • DJ

TICKETS ARE \$5 AND MUST BE PURCHASED IN ADVANCE

Contact: Zina.VanSciver@pcaCares.org or 215-765-9000, ext. 5055 or ext. 5086, or
go to PCAcare.org/strut

Supported by Philadelphia Parks & Recreation



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