

How can I get more information?

You can contact the In-Home Support Program agency located in the area of the city where you live or call the PCA Helpline at 215-765-9040.

NORTH CENTRAL PHILADELPHIA

North City Congress
North Broad Street Senior Center
1438 North Broad Street
Philadelphia, PA 19121
215-978-1360

NORTHEAST PHILADELPHIA

Raymond & Miriam Klein JCC
10100 Jamison Avenue
Philadelphia, PA 19116
215-698-7300

NORTHWEST PHILADELPHIA

Center in the Park
5818 Germantown Avenue
Philadelphia, PA 19144
215-849-5100

SOUTH PHILADELPHIA

Catholic Health Care Services
St. Charles Senior Community Center
1941 Christian Street
Philadelphia, PA 19146
215-732-1140

WEST PHILADELPHIA

Lutheran Children and Family Service
West Philadelphia Senior Community Center
1016-26 N. 41st Street Philadelphia, PA 19104
215-399-4980

Philadelphia Corporation for Aging (PCA) is the first place where older Philadelphians and adults with disabilities can turn for information and services to help maintain or improve the quality of their lives.

Established in 1973, PCA is a private, non-profit, nationally-recognized Area Agency on Aging. PCA contracts with more than 200 community organizations to deliver services aimed at helping older Philadelphians and adults with disabilities achieve their maximum levels of health, independence and productivity. Through its work, PCA touches the lives of more than 100,000 individuals each year.

One of the region's largest non-profit organizations, PCA is funded primarily through the Older Americans Act, Medical Assistance and the Pennsylvania Lottery, through the Pennsylvania Department of Aging.



642 North Broad Street | Philadelphia, PA 19130-3409

Administration: 215-765-9000 | Fax: 215-765-9066

PCA Helpline: 215-765-9040

215-765-9041 (for hearing impaired)

Toll free 888-482-9060 (outside Philadelphia)

www.pcaCares.org

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IN-HOME SUPPORT PROGRAM

Early intervention
and prevention



PCA

PHILADELPHIA CORPORATION FOR AGING

Enriching lives, preserving dignity.™

WHAT IS THE IN-HOME SUPPORT PROGRAM?

Located in five Senior Community Centers in Philadelphia, the In-Home Support Program (IHSP) provides early intervention and prevention services to assist consumers on their road back to independence. Some services are only offered for a short period of time (up to six months), while others may be available for as long as they are needed. To be eligible for the program, consumers must be 60 years of age or older and need supervision or assistance with leaving their homes.

The program is funded by Philadelphia Corporation for Aging (PCA) in a manner that enables workers to act quickly and be flexible in meeting the needs of consumers in their area. The social worker will visit the home to discuss the individual's needs, then work with that person and/or family members to develop a plan that best meets their needs. Consumers' strengths and abilities are focal points whenever developing a plan of care.

WHEN ARE SERVICES NEEDED?

Many situations can render an older adult temporarily homebound. Whether it is related to a period of recovery from a medical condition or due to other circumstances for which assistance is needed, the In-Home Support Program is ready to help. If the consumer is in need of home support services, such as housekeeping or shopping, help is available for a short-term period of up to six months. If no home support is needed, consumers may be eligible for services, such as a home-delivered meal, transportation and a senior companion, for as long as those services are needed.



WHAT SERVICES ARE AVAILABLE?

The In-Home Support Program can respond to a wide variety of needs as they occur. As previously stated, certain services are only available to meet a need that does not exceed more than six months. The following is a list of the types of services available through the In-Home Support Program:

- Home support (up to six months)
- Personal care (four weeks)
- Home-delivered meals
- Senior Companion
- Transportation
- Laundry
- Shopping
- Advocacy
- Help applying for benefits and entitlements