NORTHEAST PHILADELPHIA
KleinLife Center & Russian Satellite
10100 Jamison Ave. 19116; 215-698-7300
KleinLife Tabas House Satellite*
2101 Stable Ave. 19134; 215-685-3940
Junilata Park Older Adult Center*
1251 E. Sedgley Ave. 19134; 215-685-1490
Northeast Older Adult Center*
8100 Bustleton Ave. 19152; 215-685-0576
Peter Bressi Northeast Senior Center
4744-46 Frankford Ave. 19124; 215-331-2926

WEST PHILADELPHIA
Older Adult Sunshine Center
137 S. 58th St. 19139; 215-472-6188
West Philadelphia Senior Community Center
1016-26 N. 41st St. (41st & Poplar Sts.) 19104; 215-366-0379

*Indicates a satellite meal center. Satellites provide group dining. Other programming may be available. Call for details.

SOUTH PHILADELPHIA
CHCS - St. Charles Senior Community Center
1941 Christian St. 19146; 215-790-9330
Marconi Older Adult Center
2433 S. 35th St. 19145; 215-218-0800
PHA Cassie L. Holly Apartments Satellite*
2100 Dickinson St. 19146; 215-684-4891
PHA Wilcox Park Satellite*
2508 Jackson St. 19145; 215-848-4895
Philadelphia Senior Center - Coffee Cup Satellite
and Asian-Pacific Senior Resource Center*
245 S. 10th St. 19107; 215-627-8048
Philadelphia Senior Center - Main Branch
509 S. Broad St. 19107; 215-546-5879
South Philadelphia Older Adult Center
1430 E. Passyunk Ave. 19147; 215-685-1697

SOUTHWEST PHILADELPHIA
CHCS - Star Harbor Senior Citizen Center
4700 Springfield Ave. 19143; 215-726-7468
Southwest Senior Center
6916 Elmwood Ave. 19142; 215-937-1880

Philadelphia Corporation for Aging (PCA) is the first place where older Philadelphians, and adults with disabilities, can turn for information and services to help maintain or improve the quality of their lives.

Established in 1973, PCA is a private, non-profit, nationally-recognized Area Agency on Aging. PCA contracts with more than 175 community organizations to deliver services aimed at helping older Philadelphians and adults with disabilities achieve their maximum levels of health, independence and productivity. Through its work, PCA touches the lives of more than 100,000 individuals each year.

One of the region’s largest non-profit organizations, PCA is funded primarily through the Older Americans Act, Medical Assistance and the Pennsylvania Lottery, through the Pennsylvania Department of Aging.
Senior community centers are community-based sites that share a variety of services and opportunities with Philadelphians over 60 years of age. The centers are the perfect place for older adults to meet new people, exercise the brain and the body, enjoy a hot meal, volunteer some time, and, most of all, have fun! Here is a list of services and programs that can be found at many of the senior community centers in Philadelphia.

**HEALTH PROMOTION**
- Exercise, fitness, and nutrition programs
- Peer support groups
- Health screenings
- Examinations by health professionals

**VOLUNTEER OPPORTUNITIES**
- Civic engagement and advocacy
- Leadership service on center committees
- Intergenerational programs

**EDUCATION**
- Group discussions, classes, and workshops
- Speakers and film presentations
- Computer labs and classes
- Lifelong learning opportunities

**TRANSPORTATION**
- To and from senior community centers
- To and from medical appointments
- For shopping and other trips

**SOCIAL SERVICES**
- Information and assistance
- Support groups
- Assistance with benefits and entitlements
- Health insurance counseling
- Linkage to other services, such as legal assistance and long-term care

**RECREATION AND DINING**
- Fine arts and crafts
- Dancing, drama, and music
- Films and live performances
- Friendly social gatherings
- Nutritious luncheon meals
- Trips, tours, and parties

**NORTH CENTRAL PHILADELPHIA**
- CHCS - Norris Square Senior Citizen Center 2121 N. Howard St., 19122; 215-423-7241
- CHCS - St. Anne's Senior Citizen Center 2607 E. Cumberland St. 19125; 215-426-9798
- King Older Adult Center 2101 W. Cecil B. Moore Ave. 19121; 215-665-2716
- Lehigh Senior Center Pavilion Building #6 1701 W. Lehigh Ave. 19132; 215-226-0761
- Lutheran Settlement House Senior Center 1340 Frankford Ave. 19125; 215-426-8610, ext.202
- Mann Older Adult Center 3201 N. 5th St. 19140; 215-685-9844
- North Broad Street Senior Center 1438 N. Broad St. 19121; 215-978-1300
- On Lok House* 219 N. 10th St. 19107; 215-599-3016
- Philadelphia Senior Center – Tioga Branch 1531 W. Tioga St. 19140; 215-227-9999
- Spring Garden Center 1221 Spring Garden St. 19122; 215-787-2944