LUNCH SPOT
PCA COMMUNITY SENIOR CENTERS

NORTHWEST PHILADELPHIA
Center in the Park
5818 Germantown Ave. 19144; 215-848-7722
The Center at Journey’s Way
403 Rector St. 19126; 215-487-1750
PHS Emlen Arms Satellite
6733 Emlen St. 19119; 215-684-5892
West Oak Lane Senior Center
7210-18 Ogontz Ave. 19138; 215-685-3511

NORTHEAST PHILADELPHIA
KleinLife: Northeast Philadelphia and Russian Speaking “K”
10100 Jamison Ave. 19116; 215-698-7300
KleinLife: Rhawnhurst “K”
2101 Strahl St. 19152; 215-745-3121
Junia Park Older Adult Center
1251 E. Sedgley Ave. 19114; 215-685-1490
Northeast Older Adult Center
8101 Bustleton Ave. 19152; 215-685-0576
Peter Bressi Northeast Senior Center
4744-46 Frankford Ave. 19124; 215-831-2926

WEST PHILADELPHIA
Older Adult Sunshine Center
137 S. 58th St. 19139; 215-472-6188
West Philadelphia Senior Community Center
1016-26 N. 41st St. (41st & Poplar sts.) 19104; 215-386-0379

SOUTHWEST PHILADELPHIA
Star Harbor Senior Citizen Center, CHCS
4700 Springfield Ave. 19143; 215-726-7468
Southwest Senior Center
6916 Elmwood Ave. 19142; 215-937-1880

SOUTH PHILADELPHIA
St. Charles Senior Community Center, CHCS
1941 Christian St. 19146; 215-790-9530
Marconi Older Adult Center
2433 S. 15th St. 19145; 215-218-0800
PHS Cassie L. Holly Apartments Satellite
2100 Dickinson St. 19146; 215-684-4891
PHS Wilson Park Satellite
2508 Jackson St. 19145; 215-684-4895
Philadelphia Senior Center – Coffee Cup Satellite and Asian-Pacific Senior Resource Center
247 S. 10th St. 19107; 215-627-8048
Philadelphia Senior Center – Main Branch
509 S. Broad St. 19147; 215-546-5879
South Philadelphia Older Adult Center
1430 E. Passyunk Ave. 19147; 215-685-1697

Senior center meal programs are funded by
Philadelphia Corporation for Aging with federal and state dollars through the Pennsylvania Department of Aging.

Discover The Best Lunch Spot In Your Neighborhood!

Senior Community Centers:
- Great food
- Friendly people - you’ll feel welcomed!
- Convenient locations
- You’ll have fun
- Lots of activities to enjoy

www.pcaCares.org
Visit us on Facebook: www.facebook.com/pcaCares.org
www.twitter.com/pcaCares_org
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You’re invited!

Everyone age 60 or older is welcome to join us for lunch. There is no charge for the lunch, however, contributions are accepted.

Under 60?
You’re welcome too — there is a small charge for the meal.

Meet friends and neighbors over lunch
Senior Community Centers are conveniently located in neighborhoods throughout Philadelphia. They also provide a variety of programs that are both educational and fun!

Give us a call!
Let us know in advance if you’re planning to join us, so we can be ready to serve you! Ask about transportation if needed for lunch or other activities.

Trying to eat healthy?
We make it easy for you — and tasty, too!

Roasted chicken, crab cakes, a turkey club sandwich — the menu changes, but one thing stays the same — all the meals are carefully designed to be heart-healthy, and to meet one-third of the USDA’s recommended daily nutritional needs.

A healthy diet helps keep you healthy!

Special treats

Centers celebrate holidays, birthdays and special occasions. Once a month, the “Chef’s Special” program offers one unique item or treat.

Special items have included root beer floats, fruit smoothies, hot chocolate with whipped topping and marshmallows, fresh strawberry spinach salad, and a mashed potato bar.

Keeping kosher

Kosher meals are available at two locations; look for the “K” on the list.

NORTH CENTRAL PHILADELPHIA
Norris Square Senior Citizen Center, CHCS
2121 N. Howard St. 19122; 215-423-7241
St. Anne’s Senior Citizen Center, CHCS
2607 E. Cumberland St. 19125; 215-423-2772
King Older Adult Center
2101 W. Cecil B. Moore Ave. 19121; 215-685-2716
Lehigh Senior Center
Pavilion Building #6
1701 W. Lehigh Ave. 19132; 215-226-0761
Lutheran Settlement House Senior Center
1340 Frankford Ave. 19125; 215-426-6010, ext.1202
Mann Older Adult Center
3201 N. 5th St. 19140; 215-685-9844
North Broad Street Senior Center
1438 N. Broad St. 19121; 215-978-1300
On Lok House
219 N. 10th St. 19107; 215-599-3016
Philadelphia Senior Center — Tioga Branch
1531 W. Tioga St. 19140; 215-227-9999
Spring Garden Center
1221 Spring Garden St. 19122; 215-787-2944