IN THE COMMUNITY OR NURSING FACILITY?

Where would you or your loved one prefer to live?

For some, nursing home care is needed. But many residents in nursing facilities – like Robert – could live independently and in the community if only they had the resources and services to do so.

That’s where the Nursing Home Transition (NHT) program may help.

WHAT IS NURSING HOME TRANSITION?

Nursing Home Transition is a program to assist residents of long-term care facilities into community-based living.

The program provides support to eligible residents of Philadelphia long-term care facilities who are interested in returning to the community.

“It feels good to be your own person and make your own decisions.”

HOW DOES IT WORK?

The goal of the program is to first identify residents of long-term care facilities who desire to live independently. Then, staff works closely with the resident and other community agencies to coordinate services to support the individual in the community.

Supports may include:

• Assistance in finding and establishing housing
• Making current homes accessible through home modifications
• Connection to services, such as medical, adult day care or home health care
• Coaching for independent living

After the transition is made, individuals may be eligible for a variety of home- and community-based services to help them live safely and comfortably in the community.
The program’s success relies on the participation and collaboration of many people. The resident, staff of long-term care facilities, resident advocates, family members, and other service providers are key stakeholders in the process.

WHAT ARE THE BENEFITS?


Nursing Home Transition expands the options for service, while valuing an individual’s right to make choices for his or her life.

Through this program, certain nursing home residents can choose where and how they want to live.

ELIGIBILITY:

Any resident of a nursing home interested in returning to community-based living in Philadelphia should call to learn more.

HOW CAN I GET MORE INFORMATION?

PCA provides Nursing Home Transition services to individuals ages 60 and above.

Individuals may call PCA at 215-765-9040 or 215-765-9041 (TDD).

Making a difference in your life or for a loved one begins with you. So start today and let Nursing Home Transition help.

“I’d be lost without these services. If it wasn’t for PCA, I’d still be in a nursing home.”

Philadelphia Corporation for Aging (PCA) is the first place where older Philadelphians, and adults with disabilities, can turn for information and services to help maintain or improve the quality of their lives.

Established in 1973, PCA is a private, non-profit, nationally-recognized Area Agency on Aging. PCA contracts with more than 175 community organizations to deliver services that touch the lives of more than 100,000 individuals each year.

One of the region’s largest non-profit organizations, PCA is funded primarily through the Older Americans Act, Medical Assistance and the Pennsylvania Lottery, through the Pennsylvania Department of Aging.

PCA
PHILADELPHIA CORPORATION FOR AGING
Enriching lives, preserving dignity.

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