

HOW CAN I GET MORE INFORMATION?

To inquire about participation in the Caregiver Support Program, call the PCA Helpline at 215-765-9040 (or 215-765-9041 for hearing impaired), weekdays between 8:30 a.m. and 5:00 p.m.



Philadelphia Corporation for Aging (PCA), is the first place for older Philadelphians, and adults with disabilities, to turn for information and services to help maintain or improve the quality of their lives.

Established in 1973, PCA is a private, nonprofit, nationally-recognized Area Agency on Aging. PCA contracts with more than 180 community organizations to deliver services aimed at helping older Philadelphians and adults with disabilities achieve their optimum levels of health, independence and productivity. Through this work PCA touches the lives of more than 100,000 individuals each year.

One of the region's largest nonprofit organizations, PCA is funded in part by the federal Older Americans Act, Medical Assistance, and the Pennsylvania Lottery, all channeled through the Pennsylvania Department of Aging.

642 North Broad Street | Philadelphia, PA 19130-3409

Administration: 215-765-9000 | Fax: 215-765-9066

PCA Helpline: 215-765-9040

215-765-9041 (for hearing impaired)

Toll free 888-482-9060 (outside Philadelphia)

www.pcaCares.org

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CAREGIVER SUPPORT PROGRAM

Assistance for caregivers
at home



PCA

PHILADELPHIA CORPORATION FOR AGING

Enriching lives, preserving dignity.™

WHO DOES THE PROGRAM HELP?

The program helps caregivers who have primary responsibility for the care of a person with physical and/or cognitive impairments who is:

- Age 60 or older and unable to perform some of the self-care tasks necessary for daily living, or
- Under age 60 with a physician's diagnosis of chronic dementia, or
- Between ages 19 and 59, with disabilities, who lives with a relative caregiver (not parent) age 55 or older.



WHAT DOES THE PROGRAM OFFER?

Each caregiver works with a skilled and specially trained care manager. Together the care manager, caregiver, and care recipient design a care plan to help meet the caregiving needs.

Information is provided about:

- Caregiver support groups
- Federal and state entitlement programs
- Medigap insurance and long-term care insurance
- Techniques related to basic caregiving duties

Limited reimbursement for the purchase of items and services related to caregiving is available, depending on total household income where the care recipient lives.

Services that may be included are:

- Adaptations to the home to ease the burden and stress of caregiving
- Assistance with the purchase of caregiving supplies not covered by Medicare, Medicaid, or other insurance.
- Help in the home to provide relief to caregivers

Some funding from this program also provides information and services for primary caregivers, age 55 and older, who are caring for their relative children, age 18 and younger, who live in the same household.



WHAT IS THE CAREGIVER SUPPORT PROGRAM?

There are thousands of unpaid caregivers in Pennsylvania who provide full-time care to dependent older persons. In recognition of them, the Commonwealth of Pennsylvania and the Federal Government fund the Caregiver Support Program.

The goal of this program is to support family and others in their caregiving responsibilities. Philadelphia Corporation for Aging (PCA) administers the program for Philadelphia residents.