The Philadelphia Senior Centers (PSC) include five centers located throughout Philadelphia:

- **Coffee Cup Program** - 247 South Tenth Street, Philadelphia PA 19107 (215) 627-8048
- **Lehigh Branch** - 1701 West Lehigh Street, Philadelphia PA 19132 (215) 226-0761
- **Main Branch** - 509 South Broad Street, Philadelphia PA 19147 (215) 546-5879
- **Spring Garden Branch** - 1221 Spring Garden Street Philadelphia PA 19123 (215) 787-2944
- **Tioga Branch** - 1531 West Tioga Street, Philadelphia PA 19140 (215) 227-9999

The mission of Philadelphia Senior Centers (PSC) is to advance the wellbeing and personal growth of all persons aged 55 and older in Greater Philadelphia by providing services and resources so that they might learn, grow and discover new ways to be actively engaged in living in their communities.

Established in 1949 by the Female Society for the Relief and Employment of the Poor, Philadelphia Senior Center – Main Branch is the third-oldest senior center in the country and one of the largest in Pennsylvania. The Main Branch was incorporated and became a United Way Agency in 1959. In 1976, an increase in funding from the Older Americans Act coincided with the opening of its model center at 509 S. Broad Street that was built with funding from the William Penn Foundation. At the same time, expanded contracts received from Philadelphia Corporation for Aging (PCA) provided the resources for increased services, including programs for the homebound. In 2009 the Main Branch, along with three other Senior Centers, joined the NewCourtland Network, a Philadelphia-based, non-profit organization that provides thousands of low-income seniors with affordable housing, healthcare, and supportive services.

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**Dear Reader**

We all know that was a HOT summer. Philadelphia’s older adults and aging network providers are grateful to the Emergency Fund Coalition and the Philadelphia Corporation for Aging (PCA) for financial support to stop utility shutoffs, purchase food and for help with other critically needed items. The most important coalition fundraising effort is the annual Emergency Fund Luncheon. This year we raised $28,000. Many thanks to everyone who attended, donated, sponsored, volunteered, or helped in any way. Your support is crucial. It’s not too soon to start thinking about items you might donate to our silent auction in 2016. If you would like to donate, please contact Kim R. Lawrence at PCA, Klawrence@pacaphl.org, or 215-765-9000, ext. 5345.

Our Winter Resources Training will be held on Thursday afternoon, November 5, on the 2nd floor of the PCA building at 642 North Broad Street. This is an unparalleled opportunity to get up-to-date information about fuel, food and other community services that are helpful during cold weather. Please consider bringing a few dollars to participate in our 50/50 raffle to benefit the Emergency Fund.

It is both a pleasure and an honor for me to join Mark Weber as co-chair of the Emergency Fund Coalition. I am a long time Emergency Fund supporter who truly enjoys the annual Emergency Fund Luncheon and Rose Epstein Silent Auction. The UUH Outreach Program works in Northwest Philadelphia, and we see older Philadelphians struggling every day to make ends meet. We know firsthand how important the Emergency Fund is, and how important it is to keep the fund going.

Sincerely,

Mary J. Fallon,
Emergency Fund Coalition Co-Chair
Executive Director
UUH Outreach Program

Mark Weber,
Emergency Fund Coalition Co-Chair
Center Counselor
The Center at Journey’s Way

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For more news & resources for seniors, go to: www.facebook.com/PCACares.org
which are customized to meet each individual’s unique needs.

Today, more than 6,000 older adults attend one of the five PSC branches and 1,600 access the available social service supports on a yearly basis. At the centers, members and the larger community have access to a variety of programming and services. Such programs include arts and crafts, fitness, nutrition, continuing educational classes, and congregate meals.

All centers are open Mondays thru Fridays, from 8:30 a.m. to 4:30 p.m. For more information about the Philadelphia Senior Centers, and/or NewCourtland Senior Services please call a location listed above or visit www.newcourtland.org.

SAVE THE DATE!
Winter Resources Training at PCA
Thursday November 5, 2015

The Emergency Fund Coalition for Older Philadelphians is presenting its eighth annual Winter Resources Training on Thursday November 5, 12:45 to 4 p.m. at PCA. The goal of the training is to promote greater understanding of the broad range of resources available to help low income seniors better survive the upcoming winter. A “train the trainer” approach will be used.

There will be two workshops. The first will include representatives from the Low Income Home Energy Assistance Program (LIHEAP) and the Greater Philadelphia Coalition Against Hunger. The second will feature information about the PCA Emergency Fund and the Utility Emergency Services Fund.

Community services information will be available in the resource area.

Registration information will be distributed in the early fall.

CASE STUDY

Jewish Family and Children’s Service
(Submitted by: Mimi Lewis, LSW, Older Adult Services social worker)

When I heard that my client, Mr. J., received an eviction notice, I can’t say I was surprised. I knew I’d have to be very resourceful to solve this problem. This apartment building was Mr. J.’s best affordable option. Plus, it was well-located and had necessary social and medical supports.

Mr. J. and I met with the building’s management to discuss his options. Management agreed to rescind the eviction notice if Mr. J.’s apartment was thoroughly cleaned and organized with monthly follow-up cleansings.

At this point in my relationship with Mr. J., I had almost exhausted JFCS funding, helping him get new glasses and diabetic shoes. That’s when I applied to PCA’s Emergency Fund. Between the Emergency Fund, JFCS and my client’s family, we had just enough resources to pay for a two-hour deep-cleaning to top to bottom.

I can’t say that Mr. J.’s challenges are over, but I do know that without support from the PCA Emergency Fund, Mr. J.’s current challenges would be far greater.

Register now for Regional Conference on Aging

Philadelphia Corporation for Aging (PCA) will present its annual Regional Conference on Aging from Monday, October 19 through Wednesday, October 21 at PCA, 642 North Broad St. Sessions will feature local and nationally recognized experts and will cover such topics as behavioral health and aging, public policy and public entitlements, elder financial abuse, diversity issues and more.

Richard Browdie, PCA’s 2015 M. Powell Lawton Awardee, will make a presentation on “The Future of Aging Services” at the conference October 19. A panel of experts will join him for discussion and audience interaction following his remarks. Browdie is president and CEO of the Benjamin Rose Institute on Aging and a national leader in service, research and advocacy on aging issues.

For information about the conference or to register, visit https://registeronline.com/2015regionalconferenceonaging or call 215-765-9000, ext. 5065.

EFC MEMBERS

- A PLACE LIKE HOME
- ALBERT EINSTEIN MEDICAL CENTER
- BAYADA HOME HEALTH CARE
- BETTER HOME CARE, LLC
- CENTER FOR ADVOCACY FOR THE RIGHTS AND INTERESTS OF THE ELDERLY (CARIE)
- CLARIFI
- FEDERATION HOUSING, INC.
- HEALTHY CAREGIVER FOUNDATION
- HOME INSTEAD SENIOR CARE
- INTERCOMMUNITY ACTION (CENTER AT JOURNEY’S WAY)
- JEWISH FAMILY AND CHILDREN’S SERVICE OF GREATER PHILADELPHIA
- KLEINI LIFE
- LIBERTY LUTHERAN SERVICES/ LUTHERAN CHILDREN AND FAMILY SERVICE
- MAYOR'S COMMISSION ON AGING
- NEWCOURTLAND
- NORTH CITY CONGRESS
- PHILADELPHIA CORPORATION FOR AGING
- PHILADELPHIA SENIOR CENTER
- PHILIP JASOHN MEMORIAL CENTER
- POLISH AMERICAN SOCIAL SERVICES
- SENIORLAW CENTER
- SENIOR HELPERS PHILADELPHIA
- UNITARIAN UNIVERSALIST HOUSE OUTREACH PROGRAM
- UTILITY EMERGENCY SERVICES FUND