



Report on Elderly in City Planning District: Upper North [15]

The City Planning Commission's web site for the West Planning District is:
<http://phila2035.org/home-page/district/upper-north/>

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Information on Total Population

	Upper North	Philadelphia
Estimated size of total population (number of persons)	153,783	1,536,704
Percentage Foreign Born	18%	12%
Percentage Minority	95%	63%
Percentage with incomes less than 100% of poverty (age 25+)	21%	21%
Percent vacant properties	10%	13%
Ratio of Major Crimes per 1,000 Residents*	70	98.29
Number of Grocery / Food Markets	88	1026
Small (1-15 employees)	83	919
Medium (20-100 employees)	4	67
Large (100+ employees)	1	40
Number of Pharmacies	29	407
*(Major crimes include: Homicide, Rape, Robbery, Aggravated Assault, Burglary, Theft and Auto Theft)		

Information on Older Adult Population of Upper North Planning District

	Upper North	Philadelphia
Estimated Population Age 60+(number of persons)	26,507	262,384

Socio-Economic Status:

	Upper North	Philadelphia
<i>Demographic Characteristics/Living Arrangements</i>		
Minority (persons other than white non-Hispanic)	85.6%	47.3%
Median age	69	70
Age 75+	25.9%	35.0%
Female	58.8%	60.9%
Married or living with partner	41.9%	41.7%
Live alone	23.2%	33.2%
Children living in household	18.7%	10.5%
One or more pets in home	36.3%	36.3%
Grandparent (60+) responsible for own grandchildren	3%	2%
<i>Language spoken at home / Ability to speak English (65+)</i>		
English	87%	84%
Spanish	4%	5%
Speak English "not well" or "not at all"	62%	52%
Asian and Pacific Island	5%	3%
Speak English "not well" or "not at all"	88%	77%
Indo-European	3%	8%
Speak English "not well" or "not at all"	38%	42%
<i>Income/Work Force Participation</i>		
Median Income	\$38,701-\$44,200	\$36,701-\$38,700
Income below 100% Federal poverty level	18.6%	16.0%
Income below 150% Federal poverty level	28.7%	31.2%
Income below 200% Federal poverty level	47.3%	43.2%
Employed (FT/PT)	16.7%	28.6%
Receives Snap benefits	22.5%	16.6%

<i>Education</i>		
Less than high school diploma or equivalent	14.6%	17.8%
High School diploma or more education	84.5%	81.4%

Environment and Housing:

	Upper North	Philadelphia
<i>Housing</i>		
Need 1 -3 housing repairs (heat/cool system, plumbing, roof)	37.9%	26.4%
Rent home	20.4%	21.0%
Own home	75.2%	74.4%
Very or somewhat difficult to afford housing costs (both owners & renters)	49.9%	38.4%
Want to remain in home 10+ years	62.5%	59.4%
<i>Social Capital</i>		
Talk friend/relative less than once a day or not at all	39.2%	36.4%
Participate in 1+ neighborhood groups	45.4%	48.9%
Neighbors work together to improve area	75.1%	65.3%
I belong in my neighborhood (agree or strongly agree)	76.3%	85.9%

Health:

	Upper North	Philadelphia
<i>Health Status</i>		
Self-rated health - Fair or Poor	32.6%	31.3%
Ever been told by doctor or health professional that you have 1 or more of these conditions: asthma, diabetes or high blood pressure	78.3%	74.6%
Depression: 2+ symptoms	32.9%	34.4%
1+ IADL or ADL limitations	34.8%	32.7%
Has difficulty with mobility: Uses an assistive device (railing, cane, walker or wheelchair)	39.8%	29.8%
Fallen in past year	19.5%	20.6%

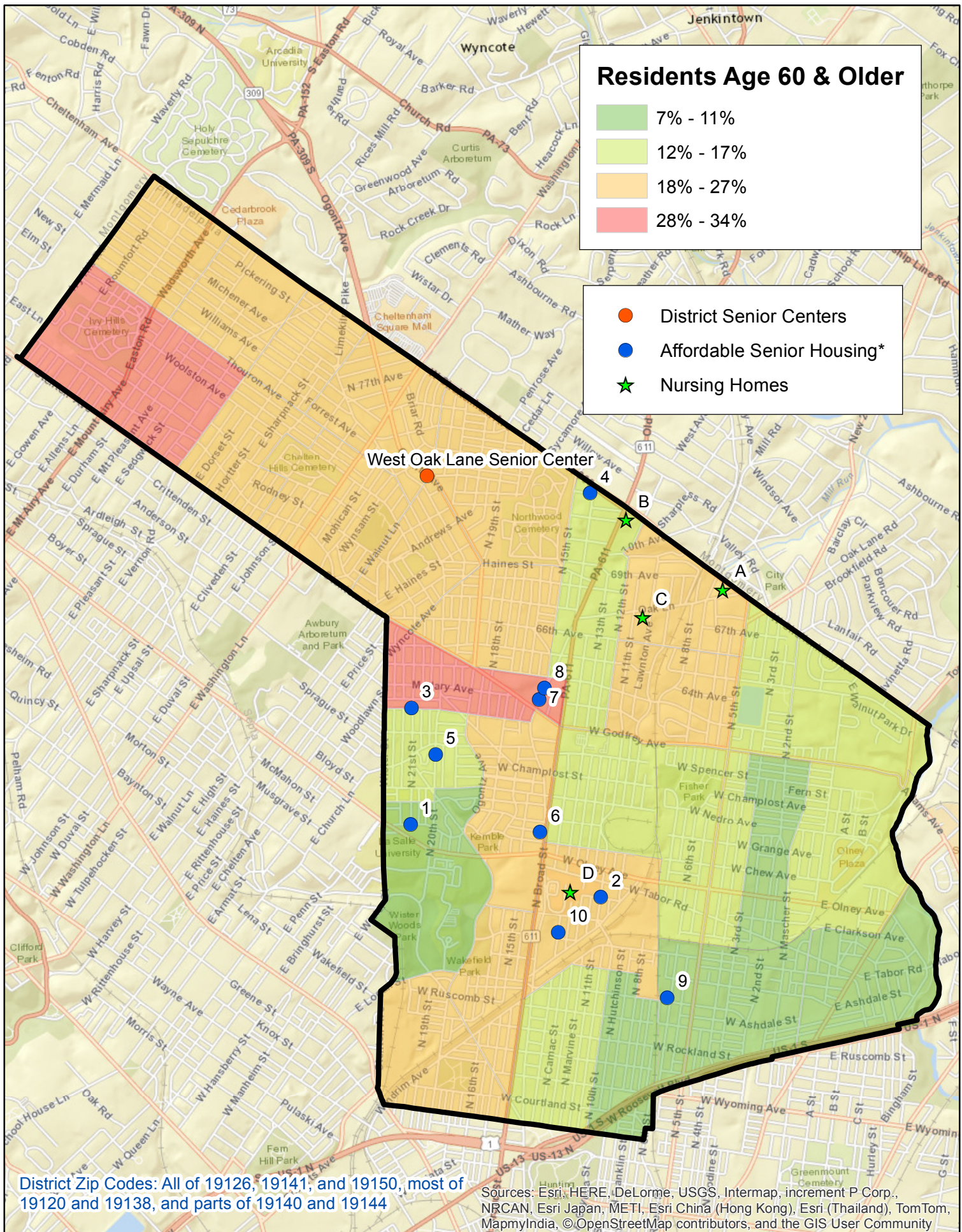
<i>Health Insurance & Service Use</i>		
Medicare [A and/or B]	68.1%	71.4%
Medicaid	24.2%	20.0%
Usual source of care is physician's office	69.5%	74.1%
1 or more ER visits during past year	26.3%	33.2%
Most recent dentist visit was more than 1 yr ago	48.8%	42.5%
Did not have medical visit due to cost	NA	5.0%
Did not fill prescription due to cost	17.4%	10.2%
<i>Food & Diet</i>		
Overweight or obese	73.5%	68.6%
0 to 4 servings of fruit / vegetables per day (5 to 13 is recommended)	87.9%	85.5%
Difficult or very difficult to find fresh fruit and vegetables	NA	7.7%
Grocery -fair or poor quality***	NA	15.1%
Eats fast food 1+ times/week	35.9%	30.8%
Drink sugary beverage 1+ / week	67.0%	61.6%
***Category includes "fair or poor quality" plus "no stores"		

Caregiving and Services for Older Adults:

	Upper North	Philadelphia
<i>Caregiving/Receiving Care</i>		
Formal care in home	NA	8.9%
Provide care to someone age 60+	30.6%	24.8%
<i>Heard of Selected Services for Older Adults</i>		
Heard of activity programs at senior centers	80.1%	77.8%
Heard of meal programs	89.7%	85.0%
Heard of transportation services	89.5%	85.8%
Heard of PACE - prescription assistance	81.2%	79.8%
Heard of information & referral line	49.1%	42.1%
Heard of housing services	82.3%	76.4%
Use 1 or more service – activity, meals, transportation, housing, PACE, referral	49.3%	47.0%
Need 1 or more service- meals, transportation, PACE, referral	21.1%	16.0%

NA = This information is NOT AVAILABLE for this district, due to small sample size.

Philadelphia Planning Districts: Upper North



Upper North District Resources

Senior Centers

West Oak Lane Senior Center
7210 Ogontz Ave., 19138
215-685-3511

Housing*

1. Awbury View Apartments
63202 Chew Ave., 19138
215-849-3833
Subsidized housing facility

2. Corinthian Square Apartments
2103 W. Godfrey Ave., 19138
215-438-6403
Subsidized Housing Facility

3. Community House
5501 N. 11th St., 19141
215-324-4563
Subsidized housing facility for older adults

4. Oak Lane Personal Care Home
1409 W. 72nd Ave., 19126
215-549-7988
Affordable assisted living and personal care home for adults and older adults

5. PHA - Champlost Homes
5963 N. 20th St., 19138
215-684-5885
Public housing development for families and older adults

6. PHA - Suffolk Manor
1416 Clearview St., 19141
215-684-2222
Public housing development for families and older adults

7. Philip Murray House
6300 Old York Rd., 19141
215-927-7070
Subsidized Housing Facility

8. Philip Murray House II
6302 Old York Rd., 19141
215-927-7234
Subsidized Housing Facility

9. Philippian Gardens
5110 N. 6th St., 19120
215-455-5000
Subsidized housing facility for older adults or individuals with a disability

10. Somerville Homes
5325 N. 13th St., 19141
215-386-2222
Subsidized housing facility for older adults (62+ yrs)

Nursing Homes

A. Cheltenham Nursing & Rehabilitation Center
600 West Cheltenham Ave., 19126
215-927-7300

B. Cheltenham York Road Nursing & Rehab Center
7101 Old York Rd., 19126
215-424-4090

C. Marwood Rest Home, Inc.
1020 Oak Lane Ave., 19126
215-224-9898

D. Willowcrest
5501 Old York Rd., 19141
215-456-4530

*For additional information on affordable housing sites including income and age requirements, number of units, and waiting lists, please visit PCA's Directory of Aging Resources at www.pcacares.org/get-assistance/find-a-service-provider/

** Nursing homes information taken from the Department of Health's annual survey for 2011, via PASDA at www.pasda.psu.edu