

PROGRAMS AND SERVICES TO HELP PHILADELPHIANS AGE 60 AND OLDER



PCA

215-399-4942

www.pcaCares.org

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Philadelphia Corporation for Aging will provide language interpreters for consumers and their families. Please ask PCA to arrange for an interpreter. This service is provided at no cost to the consumer or his or her family.

ABOUT PCA

Philadelphia Corporation for Aging (PCA) is a private, non-profit organization serving as Philadelphia's Area Agency on Aging since 1973. PCA is dedicated to improving the quality of life for Philadelphians who are older or who have disabilities.

Services funded by PCA include: advocacy, employment assistance, health promotion, home repair, information and referral, legal aid, long-term care in the home, home-delivered meals, protective services, senior community centers, transportation, and many more.

An assessment must occur prior to provision of some of PCA's services. Individuals with the greatest social, economic, and health needs are given priority consideration when seeking assistance through PCA.

For more information about the services and programs listed in this brochure, call the PCA Helpline at 215-765-9040, Monday through Friday, 8:30 a.m. to 5 p.m. Call toll-free (outside Philadelphia) at 888-482-9060.

PCA HELPLINE: 215-765-9040

The PCA Helpline is a telephone service that connects callers with programs, services, and resources available to Philadelphia residents who are age 60 and older, or who are age 18 and older and who have a disability.

Callers to the PCA Helpline can easily access information on many topics, including housing, long-term care, protective services, and transportation. Anyone interested in PCA's services can call the PCA Helpline. This includes people who need care as well as their families, caregivers, and service providers.

To accommodate non-English-speaking callers, PCA is enrolled in an on-call language interpreter service that allows communication in more than 140 languages.

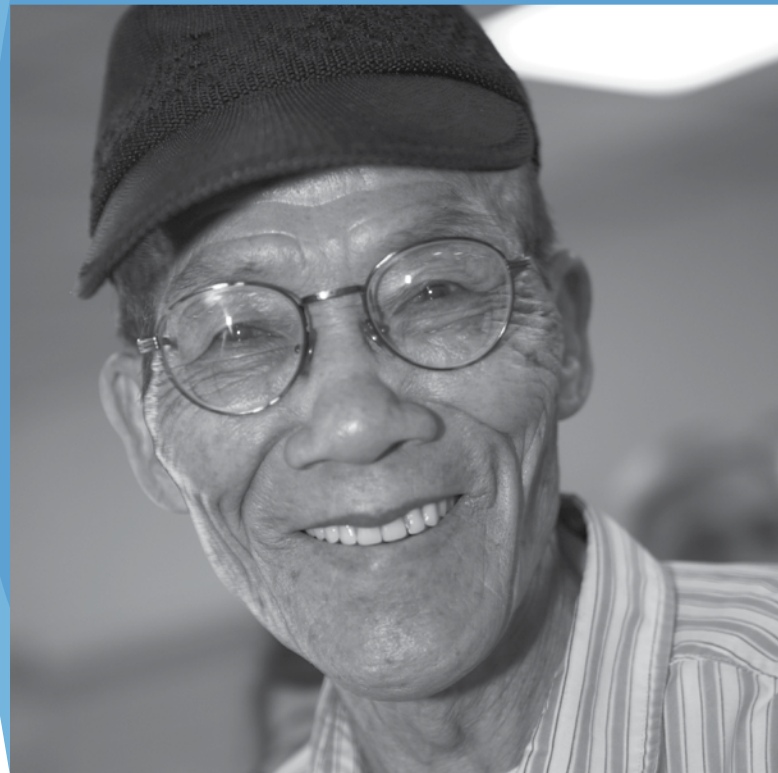
PCA WEBSITE

PCA's website, www.pcaCares.org, provides information on services, organizations and activities for older Philadelphians and those who care for them. It serves as a directory of PCA services; it lists more than 1,100 other organizations and programs that serve older Philadelphians; and it provides resources for professionals in the aging network. PCA's website offers translation into 16 languages, through the World Lingo service.

SENIOR COMMUNITY CENTERS

PCA funds 33 multi-purpose senior community centers and meal centers, which provide many services and opportunities to Philadelphians who are 60 years of age or older. Senior community centers are a good place to meet new people, exercise the brain and the body, enjoy a hot meal, and have fun. Centers offer lunches, classes, recreation, activities that promote good health, counseling, opportunities to volunteer, and transportation.

To find a senior community center near you, call the PCA Helpline at 215-765-9040.



HOUSING

The Housing Department performs repairs and modifications in consumers' homes. Much of this work is done through the Senior Housing Assistance Repair Program (SHARP). Repair or replacement of faucets, railings, exterior doors and locks and installation of grab bars are some of the work that may be done through this program. These services are either free of charge or if the household income exceeds 200% of poverty, the consumer pays a percentage of the cost of the repair work.

PCA's Housing Department also provides home modifications to eligible consumers of PCA's long-term care programs.

TRANSPORTATION

Transportation is important for older Philadelphians who want to maintain their independence and stay actively engaged in the community. PCA provides transportation assistance primarily through the Shared Ride Program of SEPTA's CCT Connect Program. Shared Ride takes seniors to adult day services, senior community centers, medical appointments and shopping areas. In Philadelphia, Attendant Transportation Service (ATS) is also available. ATS provides door-through-door and upper floor assistance to physically and/or mentally impaired older adults transported by the Shared Ride Program who would not otherwise be able to access this service.

To schedule a Shared Ride, call 215-580-7145.

To schedule Attendant Transportation Service, call the PCA Helpline at 215-765-9040.



FAMILY CAREGIVER SUPPORT PROGRAM (FCSP)

The Family Caregiver Support Program helps people who are caring for a physically and/or mentally impaired person who is either age 60 or older; or a person younger than age 60 who has been diagnosed by a physician as having chronic dementia. PCA works with the caregiver to design a care plan that meets the person's needs. PCA can also provide information on benefits for which the person is eligible; insurance; support groups; and caregiving techniques. Through this program, some home adaptations can be made. There may also be help with respite care, and assistance with the purchase of caregiver supplies and adaptive devices that are not covered under Medicare or Medicaid.

SENIOR COMPANION PROGRAM

Senior Companions are men and women age 55 and older who provide companionship to adults age 60 and older. Senior Companions visit with elderly persons or those with disabilities who need assistance in order to remain in their homes. They receive a small amount of money for providing this help. There is a need for bilingual companions to help senior citizens who do not speak English. PCA receives funding from the Corporation for National and Community Service to administer this program.



EMPLOYMENT SERVICES

Job search assistance, career counseling, referral, and training opportunities are available for Philadelphians age 55 and older.

LEGAL SERVICES

PCA supports a comprehensive program of legal services for older Philadelphians. Legal services providers assist individuals with such matters as wills, benefits, taxes, small claims court, landlord-tenant disputes, mortgage problems, consumer protection issues, and abuse problems.

HEALTH INSURANCE COUNSELING

Pennsylvania provides counseling to help adults, age 60 and older to understand their health insurance options and to make informed decisions about what is best for them. Health insurance counseling is provided at no cost and is kept confidential. APPRISE is the name of the State Health Insurance Assistance Program for Pennsylvanians.

LONG TERM CARE

PCA's Long Term Care Department provides care in the home, and community services that enable older adults to live independently in the community. These services are provided through Pennsylvania's Aging Waiver and Options Programs. To be eligible for these services, a person must be a Pennsylvania resident; be age 60 or older; meet clinical and financial eligibility criteria; and have an ongoing need for assistance with multiple activities of daily living.

The following is a list of services for which individuals may be eligible:

- Adult Daily Living Services
- Community Transition Services
- Companion Services
- Counseling Services
- Environmental Modifications
- Financial Management Services
- Home-delivered Meals
- Home Health Services
- Home Support Services
- Non-Medical Transportation Services
- Participant-directed Goods and Services
- Participant-directed Community Supports
- Personal Assistance Services
- Personal Care Services
- Personal Emergency Response System
- Respite Services
- Specialized Medical Equipment and Supplies
- TeleCare

There is no maximum dollar amount or cap for services that Aging Waiver participants receive, no cost sharing and no contributions allowed.

NURSING HOME TRANSITION (NHT)

This program provides assistance to residents of Philadelphia nursing homes who wish to return to the community, but need help to do so. Nursing Home Transition coordinators work with participants to make a plan that addresses the person's needs. This can include providing assistance with finding housing, if needed; home modification; purchasing items for everyday use; and arranging for services for which the participant is eligible.

DOMICILIARY CARE

The Domiciliary Care Program provides a supportive, home-like living arrangement for adults 18 years of age or older with disabilities and limitations who are unable to live on their own. The program makes a match, placing eligible persons in certified homes. A team of social workers continually monitors the homes and provides professional guidance to both consumers and providers.

IN-HOME SUPPORT PROGRAM (IHSP)

Care coordination and short-term services may be available for persons age 60 or older who are temporarily homebound due to mental or physical illness, disability, frailty or extreme weather conditions. Among the services are: home-delivered meals; transportation; senior companions; help with household tasks; heavy cleaning; extermination; home repairs; counseling; and assistance with accessing benefits and entitlements.



OLDER ADULT PROTECTIVE SERVICES

Anyone who knows or suspects that an older person is being abused, is in danger, or is being financially exploited, can make a report to PCA's Older Adult Protective Services by calling the PCA Helpline at 215-765-9040.

Investigators are available 24 hours a day to investigate and respond to reports of elder abuse, neglect, exploitation or abandonment. These persons may be at imminent risk of danger to themselves or their property. They may lack a responsible caregiver and may be unable to perform essential self-care tasks. As mandated by law, all reports are strictly confidential.

OMBUDSMAN PROGRAM

Residents of nursing homes, personal care homes, and Domiciliary Care homes, and participants at adult daily living centers who have problems or complaints can be helped by the Ombudsman program. The ombudsmen investigate complaints made by or on behalf of these residents and work to mediate the complaints. The problems and concerns presented to ombudsmen are kept confidential and represent a range of issues, including resident's rights; nursing and medical care; admissions policies and procedures; and financial accounting and billing.



ABOUT PCA

Philadelphia Corporation for Aging (PCA), is the first place for older Philadelphians and adults with disabilities to turn for information and services to help maintain or improve the quality of their lives.

Established in 1973, PCA is the Area Agency on Aging for Philadelphia. PCA has contracts with more than 100 community organizations to deliver services that will help older Philadelphians and adults with disabilities to achieve optimum levels of health, independence, and productivity. Through its work, PCA touches the lives of more than 100,000 people each year.

One of the region's largest non-profit organizations, PCA is funded in part by the federal Older Americans Act, Medical Assistance, and the Pennsylvania Lottery, all channeled through the Pennsylvania Department of Aging.



PHILADELPHIA CORPORATION FOR AGING

Enriching lives, preserving dignity.™

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www.pcaCares.org

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